

9 Science Activities for PreK, K & 1-3



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Celebrate Planet Earth grows children who love & protect the Earth.

Since 1989, more than 15 million children have delighted in raising butterflies, growing sunflowers, learning about the natural world & supporting conservation. Our work empowers students to initiate environmentally responsible actions in school & at home.

How to Raise Your Butterflies

Getting Started

Congratulations on receiving your cup of painted lady caterpillars! There should be 3-5 caterpillars, ¼ to 1 inch long, in the cup. Allow them 48 hours to become active. They will start growing within a few days.

Always remember to handle the cup of caterpillars **GENTLY**. Do not remove the plastic lid. It has airholes. Oxygen, plus the food on the bottom of the cup, is all the caterpillars need right now.

Place your cup of caterpillars in a warm spot, out of direct sunlight.

While growing, caterpillars may suspend themselves in gray-white webbing, which is a good sign. The webbing helps protect the caterpillars.

ON THE FIRST DAY: Using a

permanent marker, draw one caterpillar's size & shape on the outside of the plastic cup. When your caterpillars have grown to full size, you'll be amazed to see how small they once were!



A Butterfly House

To assemble your butterfly house, connect the left & right sides to make a triangular container & secure with adhesive strip. Fold flaps on the top & bottom & tape closed.

Lean a twig or ruler inside the house as a perch for the butterflies.

Chrysalis to Butterfly

When caterpillars are fully grown, they will crawl to the top of the cup, hang upside down, & change themselves into chrysalises.

Once they've all changed, wait two days & then transfer to their new butterfly house. Gently remove the plastic lid from their cup. Peel back the paper layer & lift it away from the cup. Your chrysalises should stay attached to the paper & hang freely. If one detaches from the paper, place it on the floor of your butterfly house, next to a wall.

Using a piece of tape, hang the paper layer on a wall inside the butterfly house.

Butterflies will emerge from chrysalises in 7 to 10 days. It will take them an hour or two to dry their wings. Once they begin flying around the butterfly house, they are ready to be released.

You may keep your butterflies in their house for up to a week by providing them with food. Cut an orange in half & place it on the floor of the butterfly house, flesh-side up. OR, using a small, shallow bowl, dissolve a teaspoon of sugar in a ½ cup of water. Place a paper towel over the bowl so that it touches & wicks up the sugar water. Butterflies can land on the paper & drink without getting their wings wet.

Time to release your butterflies outside! Be sure temperatures are reaching at least 55

degrees during the day. The butterflies will help pollinate trees, flowers & vegetables. They will also create eggs for a new generation of butterflies.



Butterfly Life Cycle Song

For All the Butterflies

Sing to the tune of "Brother John" or "Frère Jacques"

I'm a flower, I'm a flower Roots below, roots below Soil and rain and sunshine Soil and rain and sunshine Watch me grow! Watch me grow!

I'm an egg, I'm an egg On a little leaf, on a little leaf Soon I'll be a caterpillar Soon I'll be a caterpillar Watch me eat! Watch me eat!

I'm a caterpillar, I'm a caterpillar You're one too, you're one too Soon we'll both be butterflies Soon we'll both be butterflies Something new! Something new! I'm a chrysalis, I'm a chrysalis Warm and dry, warm and dry Changing from the inside Changing from the inside Into a butterfly! Into a butterfly!

I'm a butterfly, I'm a butterfly Flying all around, flying all around Looking for a flower Looking for a flower Searching up and down. Searching up and down.

I'm a flower, I'm a flower Open to the sky, open to the sky I have lots of nectar I have lots of nectar For all the butterflies. For all the butterflies.



Changing Butterfly Dance



Materials: Instrumental music and audio system

Simple Instructions: Guide students through an improvisational dance. Have students sit on the floor in a circle and ask them to imagine changing butterflies—how eggs hatch caterpillars, caterpillars crawl, eat and grow, then become a pupa and finally emerge as a butterfly with wings. Show them how to curl up as eggs, then push out of the egg and wiggle like a growing caterpillar, then wrap themselves tight into a pupa and then spread arms and open hands as butterflies emerge. Lead them through the process several times. Then let them try it on their own with music.

Use your dance often as a wake-up exercise or a break from study, allowing students to move and get the wiggles out.



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BUTTERFLY SCIENCE What Is a Caterpillar? Body Parts





caterpillar or larva

- **Larva**-the second stage of metamorphosis, another term for caterpillar
- Head-the head includes a brain, a mouth, 2 antenna and 12 eyes called ocelli
- Thorax-the thorax is the midsection where the legs are attached
- Abdomen-the abdomen contains the heart, digestive system and other organs
- True Legs-all insects have 6 true legs with tiny claws attached to the thorax
- **Pro-legs**–located on the abdomen, pro-legs help the caterpillar move and climb
- **Mouth parts**-on front of the head, a caterpillar has mouth parts to tear leaves and grind for food
- **Simple eyes**—a caterpillar has 12 simple eyes, 6 on each side of its head, that show light and dark

What Is a Caterpillar? Name _____

Look closely at the pictures below. Circle **Yes** below if it is a picture of a caterpillar. Circle **No** if the picture is not a caterpillar.



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Observe, Predict & Record: Caterpillar & Pupa Timelines



Overview	In spring, many classrooms order a cup of live painted lady caterpillars to continue hands-on discovery in this life science unit. As living creatures, the painted lady butterfly is a reliable and hardy insect for study during the warm months, but it cannot be raised successfully during the cold months.
	Having live caterpillars is a wonderful opportunity to encourage the children to observe closely and ask lots and lots of questions.
	Over approximately 21 days the 3-5 live caterpillars will eat prepared food in the bottom of the cup, and when ready they will form pupas attached to paper that covers the top of the cup. After they emerge as adult butteflies, it is delightful to observe them for a few days and then release them into the wild on a sunny day. Butterflies are solar-powered. They will find flowers for nectar, pollinate the flowers as they go from one to another and lay eggs on their preferred host plants.
Timelines	Two timelines, one for the caterpillar stage and one for the pupa stage, are included to help the students look closely, make predictions and then record what they have learned about the organism.
	Make 2-sided copies of both timelines. Demonstrate for your students how to fold each timeline in half lengthwise, then show them how to cut the paper halfway on the two dotted lines. This makes a flipchart for the students to complete step-by-step.
	Discuss with your students what it means to make a prediction. Then use

the Day-by-Day Bar Chart to confirm what you have learned about the number of days the organism is a stage, then compare your predictions.

Caterpillar Timeline



DAY _____

PREDICT



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Name _____

Caterpillar Timeline

A CATERPILLAR.

I predict that my caterpillar will grow to 2 inches in ____days.

This is how my caterpillar looks.

I predict the caterpillar will look like this.

I learned that in ____ days my caterpillar grew to 2 inches.

I learned the caterpillar looks like this.

Pupa Timeline



PREDICT



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Name _____

Pupa Timeline



This is how my pupa looks.

I predict that a butterfly will emerge in ____days.

I predict the butterfly will look like this.

I learned that in ____ days a butterfly emerged.

I learned the butterfly looks like this.

Butterfly Day-by-Day Chart

Name _____

What Is It Today?

Did I observe a caterpillar today? Is it a pupa? Or a butterfly? Fill in one rectangle each day on the bar chart. On the day that you release your butterflies, write the word FLY in the rectangle. Count and compare the number of days the organism was a caterpillar, pupa and butterfly.



Is A Butterfly An Insect?

Color these pictures, cut along the heavy black line, then fold your paper on the dotted lines. Look! You've made your own little book about butterflies. Practice reading it to your friends!



Butterfly Life Cycle



Cut out the four pictures. Paste the pictures inside the flip chart of a butterfly life cycle.





CATERPILLARS GROW

Name _____



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A butterfly flutters & lays eggs for _____days.



A pupa changes for days. A caterpillar grows for _____days.

Butterfly Body Parts





Abdomen-the hind part of the butterfly includes the stomach, heart and other organs

Antennae-on the butterfly's head, used to taste the air and help with balance Compound eyes-thousands of tiny lenses help the butterfly see in all directions Head-the head includes the proboscis, 2 antennae and 2 compound eyes Leg-the butterfly has 6 legs, in 3 pairs, attached to its thorax Proboscis-the butterfly tongue, which works like a drinking straw Thorax-the midsection of the butterfly with 3 pairs of legs & 2 pairs of wings Wings-2 pairs of wings on the thorax allow the butterfly to fly

Butterfly Anatomy

Name _____

Can you match the words on this page to the correct body parts on the butterfly? All you have to do is - 1. Write the correct number inside each circle, and 2. Fill in the blank below each picture.



